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INDEPENDENT REGULATORY  
REVIEW COMMISSION

Ms. Ann Steffanic  
Board Administrator  
Pennsylvania State Board of Nursing  
P.O. Box 2649  
Harrisburg, PA 17105-2649

Dear Ms. Steffanic:

Approximately five years ago, I struggled with depression. My family doctor referred me to Health Services where I was then referred to CRNP. I was not receptive to this at first, but by working with [redacted] I began to see improvement brought about her prescribed medicine which I hadn't wanted to take initially.

Over the years, I have had many health situations where I needed evaluation and help with other chronic health issues. Getting the depression cleared up was so very helpful, but I was then and still am left with many chronic issues daily due to two episodes of cancer and radiation enteritis. This condition requires hands-on treatment, and at times treatment with prescriptions needed on short notice. My insurance has mail order prescriptions for 90 days which helps me by not having to run to the drug store when I'm not able and also financially. I don't understand why it is necessary for a physician to sign the prescription. To save time and money, I would think [redacted] s signature should suffice.

I am now slowly improving and am able to function much improved since I started seeing [redacted]. I will never be well, but through association with [redacted] and her dedication to me, I can live a somewhat normal life as long as I am able to get my medications.

In a small town, sometimes it is difficult to be able to get a doctor's appointment on short notice. With [redacted], I can always be seen if need be and can get the necessary medicine to help me. This is a great help to me.